



MULLINGAR EQUESTRIAN

## SHOW JUMPING SEMINAR

**YOUR CHANCE TO START THE 2010 SHOW JUMPING SEASON WITH PRACTICAL ADVICE & TIPS FROM TWO OF IRELANDS SHOW JUMPING EXPERTS ...TOM HOLDEN & PAUL O SHEA**

- **Venue: Mullingar Equestrian Centre**

- **Speakers :**

**TOM HOLDEN** (*FEI International Course Designer & HSI Coach & Tutor*)

&

**PAUL O'SHEA** (*International Grand Prix & Nations Cup rider*)

- **When : SATURDAY 23<sup>RD</sup> JANUARY 2010 from 2PM – 5.30PM**

- **WHO SHOULD ATTEND : ALL RIDERS FROM 6 TO 60,**

(SUITABLE FOR ALL LEVELS OF RIDER) PARENTS OF RIDERS ETC

SHORT PRESENTATION, QUESTIONS & ANSWERS, WALKING THE COURSE, HOW TO RIDE THE COURSE ETC

**THIS PROMISES TO BE A VERY INFORMATIVE AND EDUCATIONAL AFTERNOON & A PRACTICAL WAY TO GET YOUR 2010 SEASON STARTED. ADM €5**