

THE SJI NATIONAL TRAINING COMMITTEE WHAT WE OFFER

The National SJI Committee is constantly reviewing, expanding and adding to its portfolio of Training We currently provide:

Branch / Regional Training is organised by Branch or Regional Training Representatives.

SJI National Young Rider Bursary Clinic

This Clinic is held over a 3/4 day period each year. Regional Assessments, normally held in March; selects 21 Athletes aged 16 - 23 to participate in this prestigious all expenses paid Bursary

SJI National Training Development Squad

This is our latest initiative. Regional Assessments held in Autumn selects 20 Pony and 20 Horse Athletes from each Region to participate in Development Training once a month with Top SJI Coaches who monitor Athletes' Competitive progress throughout the year.

Details of organised training are published monthly through the SJI Bulletin, SJI Website and local SJI Facebook Accounts

Personal Requirements

Sometimes Athletes may need or require some additional training or personal training. Please contact your Regional Representative who should be able to either point you in the right direction or arrange Training Sessions for you

NATIONAL TRAINING DEVELOPMENT SQUAD

Showjumping Ireland
Beech House,
Millennium Park
Osberstown,
Naas, Co. Kildare.

Phone: 045 852230
Fax: 045 852296
Email: info@sjj.ie



Further Information:

SJI Bulletin

Web; www.sjj.ie/Training

Regional Representatives,
Regional Clinics;
SJI Accredited Coaches
Other Information



SJI NATIONAL TRAINING DEVELOPMENT SQUAD

Proudly Sponsored by:



SJI National Training Program - The N.T.D.S.

What is it all about?

The **SJI N.T.D.S.** program was initiated in 2015 to serve our Grass Roots Members with continuous consistent training. The object of the **SJI NTDS** is to

- ⇒ Provide a positive & structured Training Program — one year in duration
- ⇒ To promote and foster a positive attitude to good consistent Training
- ⇒ To promote and foster Sportsmanship and team spirit
- ⇒ To source and contract Top Class SJI Accredited Coaches who are highly motivated
- ⇒ Each Group will be assigned a dedicated Coach which will remain with that group for the duration of the season.
- ⇒ Athletes to Contract for the Duration of the year.

How do we join?

Each year in Jan/Feb, Assessments will be arranged by **SJI National Training Committee** - one in each region. To ensure the integrity and equality of Regional Assessments, the **SJI National Training Committee** will appoint ONE Assessor to conduct all Assessments.

Notice of Impending Assessments will be published on the SJI Website and in the SJI Bulletin. Anyone interested in participating should book in with their Regional Representative.

How Many in each Region?

The **SJI National Training Committee** for the next two years has committed to selecting 40 participants (20 Pony Riders & 20 Horse Riders) per Region as funding is limited.

A reserve list will be maintained should a place become vacant at any stage during the year.

It should be noted that Athlete must be an SJI member to participate in the program

How are Assessments Scored?

Whilst we are striving to serve Grass Root Members, spaces are limited. An “Equitation” based Assessment is used to help with the selection **The Assessor** will also be looking for

- ◆ A good basic standard of Riding, with Athlete capable of jumping a 90cm course
- ◆ A positive attitude to being Coached
- ◆ Athletes’ interest / appetite to participate in the program
- ◆ Athletes’ & Horse/Pony Turn-out
- ◆ Athlete’s commitment to fully participating and engaging in the program

The Standard Assessment Score Sheet is available on the SJI Website or from your Regional Rep.

What's Different about the NTDS?

The **SJI National Training Committee** want to make the **SJI NTDS** a worth-while experience. By selecting Athletes genuinely interested in participating, The **SJI NTDS** should

- ⇒ Provide a positive & structured Training Program in place to serve the need of our Grass Root Members
- ⇒ Our Sponsor **Comfort Gut** will provide a Complimentary Jacket to all successful Athletes on the Program
- ⇒ Consistent Training/Coaching over the period of Year/Season with the Coach assigned to their specific group.
- ⇒ At regular intervals our Sponsor **Comfort Gut** will provide a hamper of goodies for the “Most Improved Athlete” (nominations only from Coaches)
- ⇒ Access by way of email & phone with their coach between sessions to discuss or sort out any problems that may arise
- ⇒ Information Nights/Seminars will be arranged periodically, covering a diverse range of complimentary topics — Animal Nutrition, Athlete Fitness/Health; Farrier; Saddlery etc
- ⇒ At End of Year, The **SJI National Training Committee** will host a **complimentary National Finale** wherein all participants will be invited to an All-Ireland Training Day for Training, Lectures, Course Building & a Master Class with a Top Senior Showjumper.