

## Mackey 5 BAR Training Protocols

Terms: Sign-off means that Candidates and fully completed and mastered the element(s) in their log book and Coaches deem candidates ready for

- a) In the case of **BAR 1 - Certification on Award Sheet signed by Coach (Level 1/2/3) & approval from Regional Representative**
- b) In the case of **BAR 2 & BAR 3 Examination Approval Sheet signed by Coach (Level 2/3) followed by Assessment/Examination at a formal Assessment** at Regional level
- c) In the case of **BAR 4 & BAR 5 Examination Approval Sheet signed by Coach (Level 3) followed by Assessment/Examination at a formal Assessment** at Central/National level

**BAR 1 Certification** is considered an introductory level, wherein an Athlete is deemed basically fit to ride and compete in a Safe Manner

- Candidates must register their interest in being Assessed with their Regional Training Rep. A separate application form to be signed by candidates is available from the Regional Training Rep.
- Candidates must attend a mandatory **minimum** of 4 training sessions.
- Be capable of jumping a course of fences built to 90cm.

Level 1 Trainers can, once Athletes log book for BAR 1 is fully completed and signed off, decide to sign the BAR 1 award sheet which has to be passed to then to Regional Training Rep, who will ensure that Certification will be issued from SJI Office (once details have been verified)

### For BAR 2 Certification

- Candidates must register their interest in being Assessed with their Regional Training Rep. A separate application form to be signed by candidates is available from the Regional Training Rep.
- Candidates must attend a mandatory **minimum** of 4 training sessions.
- Be capable of jumping a course of fences built to 1m.
- Be fully signed-off by their Coaches for all sections of the Flatwork and Jumping elements in their log-books- including the Examination Approval Sheet
- Have all their paperwork i.e. stable management etc. fully completed and signed for BAR 1 BAR 2 and bring said evidence to Regional BAR 2 Assessment

### BAR 2 Assessments

- Flatwork Assessment based on pre-ordained flatwork test as published in log book (or updated test as may come to hand from time to time)
- Jumping one/two rounds of pre-ordained course built to 1.00m as published in logbook (or updated course as may come to hand from time to time) Candidates may be asked to re-ride a line or entire round a second time
- On achieving marks as laid out below Candidates will be deemed to have passed their BAR 2 Assessment. If any section fails to achieve its relevant requirement, candidates will be required to repeat the entire exam.
- Flatwork Assessment: **7 out of 10** Good or Very Good

### AND

- Jumping Assessment: **16 out of 22** Good or Very Good

Certs will be issued direct to Regional Rep and then passed onto Candidates.

## BAR 3 Certification

- Athletes must be in the 14th year before attempting BAR 3
- Candidates must register their interest in being Assessed with their Regional Training Rep. A separate application form to be signed by candidates is available from the Regional Training Rep.
- Candidates must attend a mandatory **minimum** of 4 training sessions
- Be capable of jumping a course of fences built to 1.10m.
- Be fully signed-off by their Coaches for all sections of the Flatwork and Jumping elements in their log-books - including the Examination Approval Sheet
- Have all their paperwork i.e. stable management etc. fully completed and signed for BAR 1 BAR 2 and BAR 3 and bring said evidence to Regional BAR 3 Assessment

## BAR 3 Assessments

- Athletes must be in the 14th year before attempting BAR 3
- Athletes must produce evidence of 2 double clear rounds at 1.10m or above in previous 12 month period
- Flatwork Assessment based on pre-ordained flatwork test as published in log book (or updated test as may come to hand from time to time)
- Jumping two rounds of pre-ordained course built to 1.10m as published in logbook (or updated course as may come to hand from time to time) Candidates may be asked to re-ride a line or entire round a second time
- On achieving marks as laid out below Candidates will be deemed to have passed their BAR 3 Examination/Assessment.
- If any section fails to achieve its relevant requirement, candidates will be required to repeat the entire exam.
- Flatwork examination: **8 out of 11** Good or Very Good

## AND

- Jumping examination: **17 out of 23** Good or Very Good

Certs will be issued direct to Regional Rep and then passed onto Candidates.

## BAR 4 Certification

- Athletes must be in the 14th year before attempting BAR 4
- Candidates must register their interest in being Assessed with their Regional Training Rep. A separate application form to be signed by candidates is available from the Regional Training Rep.
- Candidates must attend a mandatory **minimum** of 4 training sessions
- Be capable of jumping a course of fences built to 1.20m.
- Be fully signed-off by their Coaches for all sections of the Flatwork and Jumping elements in their log-books - including the Examination Approval Sheet
- Have all their paperwork i.e. stable management etc. fully completed and signed for BAR 1; BAR 2 ;BAR 3 and BAR 4 and bring said evidence to Regional BAR 4 Assessment

## BAR 4 Assessments

- Athletes must be in the 14th year before attempting BAR 4
- Athletes must produce evidence of 2 double clear rounds at 1.20m or above in previous 12 month period
- Flatwork Assessment based on pre-ordained flatwork test as published in log book (or updated test as may come to hand from time to time)
- Jumping two rounds of pre-ordained course built to 1.20m as published in logbook (or updated course as may come to hand from time to time) Candidates may be asked to re-ride a line or entire round a second time
- On achieving marks as laid out below Candidates will be deemed to have passed their BAR 4 Examination/Assessment. If any section fails to achieve its relevant requirement, candidates will be required to repeat the entire exam.

- Flatwork examination: **8 out of 11** Good or Very Good

**AND**

- Jumping examination: **17 out of 23** Good or Very Good

Certs will be issued direct to Regional Rep and then passed onto Candidates.

## BAR 5 Certification

- Athletes must be in the 16th year before attempting BAR 5
- Candidates must register their interest in being Assessed with their Regional Training Rep. A separate application form to be signed by candidates is available from the Regional Training Rep.
- Candidates must attend a mandatory **minimum** of 4 training sessions
- Be capable of jumping a course of fences built to 1.30m.
- Be fully signed-off by their Coaches for all sections of the Flatwork and Jumping elements in their log-books - including the Examination Approval Sheet
- Have all their paperwork i.e. stable management etc. fully completed and signed for BAR 1 BAR 2 BAR 3 BAR 4 and BAR 5 and bring said evidence to Regional BAR 5 Assessment

## BAR 5 Assessments

- Athletes must be in the 16th year before attempting BAR 5
- Athletes must produce evidence of 2 double clear rounds at 1.30m or above in previous 12 month period
- Flatwork Assessment based on pre-ordained flatwork test as published in log book (or updated test as may come to hand from time to time)
- Jumping two rounds of pre-ordained course built to 1.30m as published in logbook (or updated course as may come to hand from time to time) Candidates may be asked to re-ride a line or entire round a second time
- On achieving marks as laid out below Candidates will be deemed to have passed their BAR 3 Examination/Assessment. If any section fails to achieve its relevant requirement, candidates will be required to repeat the entire exam.

- Flatwork examination: **9 out of 12** Good or Very Good

**AND**

- Jumping examination: **17 out of 23** Good or Very Good

Certs will be issued direct to Regional Rep and then passed onto Candidates.

## Protocols for All Assessments

1. Must be part of a Regional/Central Assessment which is open to SJI members, non-members and candidates from outside region.
2. Regional/Central Assessment must be previously advertised 6 weeks to 2 months in advance
3. Assessment must be conducted **by Independent Assessors** i.e. have not previously trained the candidates and signed them off.- (verified by Regional Representatives)
4. Regional Rep or their nominated representative must be in attendance and / or an independent adjudicator where a conflict of interest may occur
5. Flatwork and Jumping Examinations to be held on the same day
6. Log Books to be verified by Assessor & Regional Representative
7. Assessment to be conducted in a suitable venue
8. Candidates must present themselves, clean and tidy and in appropriate attire - from 2014 appropriate attire will constitute full show turnout - for assessment as a mark or respect for their Coaches, the Assessors and the Mackey 5 BAR training system
9. Candidates must present their pony/horse with the correct tack, in a clean and tidy state  
These are the first two marked sections in the Jumping examination
10. Relevant log books, fully completed and signed available to Regional Rep and Assessor

This syllabus is an evolving syllabus and changes in either its structure or assessment may and probably will change – hopefully to enhance the system

Mackey 5 BAR training system when first envisaged was to be like a roadmap of a candidates training, and a standardizing of training methods around the country.

If promoted correctly, and the system is not abused, Mackey 5 BAR Certification could act as a reference to any young Athlete going abroad to work in a stable yard as a rider, certifying their level of proficiency and ability.

It should be noted that the BAR 3 Examination is regarded as the first serious professional examination and should be seen as something worthwhile by Athletes wishing to take up a career in the sport.

There must be a minimum period of **6 months** between various BAR Assessments / Certification